



September 2014

For information on programs, services and upcoming events, please call 805-563-8820

## What's Happening at HSB

### Dear Friend of Hospice of Santa Barbara

For the past 40 years, Hospice of Santa Barbara has been fortunate to attract outstanding volunteers and supporters. On October 24th, we will honor those who have made a significant difference both to Hospice of Santa Barbara and to the community by advancing compassionate end-of-life care in Santa Barbara. The event, which takes place on the Hospice of Santa Barbara front lawn, will include light refreshments, music, an art sale featuring work donated by numerous notable local artists, and a book signing for Hospice of Santa Barbara board member Marilee Zdenek's book "Between Fires". The focal point of the evening will be the recognition of our community's "Heroes."

**"crossings of my mind"** - Solo Art Exhibition featuring Paula Re, on display through October.  
[Read More](#)

**Between Fires-Book Signing** on October 1st! Reading and Q&A session with Marilee Zdenek  
[Read More](#)

**Heroes of Hospice Awards** October 24th - Join us as we honor three community and HSB Heroes  
[Read More](#)

**Fall 2014 Support Groups** For all ages, led by licensed professional counselors.  
See Calendar

**Light Up A Life Ceremonies** in Santa Barbara (December 6th), Goleta (December 7th), and Carpinteria (December 13).

### **Did you know...**

Sarah House was originally named Heath House after its founder Alice Heath. **Alice also founded Hospice of Santa Barbara in 1974.**

Last year's honorees of the annual Heroes of Hospice awards were **Dr. Bordofsky**, Professional Award, **Peggy**

### **Meet the Heroes...**



### **Jill Nida - Volunteer Award**

Jill Nida's association with Hospice of Santa Barbara began in 1988 when she joined the Hospice of Santa Barbara auxiliary. She has served in a number of leadership positions, including as a past

**Polsky, Volunteer Award**  
and **Linda Yawitz Selzter,**  
Philanthropist Award.

**\$40**  
for **40** years

Celebrating 40 years of service  
to the Santa Barbara community

**100% of Hospice of Santa Barbara** staff have made a donation in honor of our 40th anniversary. Please help us celebrate by making your own \$40 for 40 contribution by [clicking here](#).

## New Donors

With sincere gratitude, we welcome our new donors. Without our generous donors it would be impossible for Hospice of Santa Barbara to continue fulfilling our mission of caring for those experiencing the impact of a life-threatening illness or grieving the loss of a loved one.

(8/1/14 - 8/31/14)

Cindy & Michael Bergen

Nancy Bertelsen

John Bramhall

George Bregante

Brownstein Hyatt Farber  
Schreck, LLP

Kelly Caraher

Aaron Clark

Maria Estrada

Ruth C. Franklin

Kimberly Horn

Mary Howe-Grant

Marie & Kerr Jacobsen

Georgina LaBerge

president of the Board of Directors, past president of the Auxiliary Board, as a committee chair and as a volunteer. She was recently appointed to Hospice of Santa Barbara's Emeritus Board.

Jill, a graduate of San Marcos High School, SBCC and UCSB, has lived in Santa Barbara her entire life. She has shown a remarkable commitment to the mission of Hospice of Santa Barbara over the last 26 years, and brings her dedication and unbounded enthusiasm to all her work. She is one of Hospice of Santa Barbara's biggest cheerleaders, and a major champion in the success of the nonprofit.

## Jill Kitnick - Philanthropist Award

Jill Kitnick first came to Hospice of Santa Barbara in 2006. She started out as a volunteer for Hospice of Santa Barbara's "I Have a Friend Program", a mentorship program for children who have lost a parent or sibling. She was perfect for this role, as she lost both her parents and paternal grandparents who died together in a plane crash when she was 13. Jill has helped many mentees to recover in their grief process and begin to feel normal again.

Jill is also a Hospice of Santa Barbara Patient Care Volunteer, and helped start Hospice of Santa Barbara's Pet Therapy Program. Two years ago, Hospice of Santa Barbara launched its "Beloved Bear Program", whereby a grieving family member who is a client of Hospice of Santa Barbara can bring in a piece of clothing of their loved one who has died, and request a Teddy Bear or pillow be made out of the clothing. Jill stepped up to the plate, and has helped to make 100 bears with the assistance of volunteer "Bearettes" Roxanne Reginato and Daveena Limonick.

She is also a regular financial donor to Hospice of Santa Barbara, has hosted fundraisers at her home, volunteer appreciation events, and has been a very strong champion for Hospice of Santa Barbara.

## Sarah House - Professional Award

Sarah House Santa Barbara provides a home and end-of-life care for low income people. In 1989 Alice Heath devoted her passion, time and energy to inspire the Santa Barbara community by founding a nonprofit for men and women dying from HIV/AIDS, Heath House (Heath was also the founder of Hospice of Santa Barbara). Heath House opened its doors in Santa Barbara to people who were not only dying at a young age, but also dying surrounded by ignominy and fear. Leading with truth and courage, Heath changed much of that.

In the mid-1990s, Sarah Shoresman, already well into her 80s, matched her own countless service hours with a financial gift that enabled the group to build a home from the ground up intentionally for its purposes, this time named Sarah House.

With the advent of powerful new medications, the mortality rate for people with AIDS dropped wonderfully and dramatically. Sarah House responded by expanding services to offer end-of-life care for the low income and homeless of the Santa Barbara community. Many have had no one to stand with them at this last important and difficult time.

## Emeritus Board Recognition

Suian Nicholson  
Brian & Judy O'Brien  
Marian B. Porter  
Lyndon Richardson  
Bryan Robinson  
June Ruiz  
Curt Russell  
Suzanne C. Spencer  
Jill Thurber  
Nicholas Uzzi  
Lisa Valencia  
Jody Weiss  
Carol Yett

We would also like to acknowledge our new and renewing **Heart of Hospice** Supporters (annually renewable gift of \$1,000 or more) (8/1/14 - 8/31/14)

Pat & Doug Aiken  
Peggy & Steve Barnes  
Lynne Cantlay, Ph.D  
Sam & Ginny Capra  
Bruce McRoy  
Betsy Mooney  
Grace Pacheco

## Sponsors

We are grateful to the following sponsors for their support:

Phillip Tate Brown  
Montecito Bank & Trust  
Rene & Marissa Koke  
Gary Simpson  
Santa Barbara  
Home Improvement  
Center

Hospice of Santa Barbara will also recognize emeritus board members, Jill Nida, Charlie Zimmer, Peggy Barnes and Thomas Fly at the Heroes of Hospice event.

## Alternate Ways to Support HSB

All services at Hospice of Santa Barbara are provided free of charge. We rely on the generous support of the community to continue our work. You can support our programs at Hospice of Santa Barbara by:

- Sending us a personal story about how Hospice of Santa Barbara has affected your life to [info@hospiceofsb.org](mailto:info@hospiceofsb.org) for possible inclusion in future newsletters.
- Forwarding this newsletter to your friends and family.
- Following us on [Facebook](#), [Twitter](#) and [Pinterest](#).
- Adding us as your charity of choice on [AmazonSmile](#).

In-kind gifts have as much impact as a gift of cash. Some items currently needed are:

- Gift certificates for Community Supported Agriculture produce boxes to support healthy nutrition
- Gift certificates to "wash and fold" laundry services and/or dry cleaning
- Gas cards for transportation to and from medical appointments
- Drug store gift cards for personal and medical care items
- Petco gift cards to support a pet companion of those facing a life-threatening illness
- Grocery store gift cards for those experiencing financial hardship due to illness or death in the family

Create a lasting legacy by exploring some of the many charitable gift options by visiting our website or [click here](#).

## A Bequest of Life Insurance

A bequest of your life insurance policy is an easy way for you to make a gift to us.

It's as easy as naming our charity as beneficiary of all or a portion of your policy on your beneficiary designation form.

Your life insurance proceeds will help further our work, and your estate will benefit from an estate charitable deduction for the value of the proceeds paid.

To Learn more about making a bequest of life insurance, please call us at (805) 563-8820 or visit our website at [www.hospiceofsantabarbara.org](http://www.hospiceofsantabarbara.org)

If you are interested in  
sponsorship opportunities,  
please contact us at  
(805) 563-8820

If you wish to become a new  
*Heart of Hospice* member or  
renew your membership, please  
contact K.C. Murphy Thompson  
at 805-563-8820  
or [visit our website.](#)